

STUDENT HANDOUT — Seminar 2, Session 4

How To Fight and Win

Scripture: Ephesians 4:25, 15, 29

I. All marriages have conflict.

A. Your goal should not be to do away with conflict but to be careful to work on the problem and not the person.

B. Try to look at conflict as the door to _____.

II. The proper way to fight and win in a marriage is to be able to attack the _____ and not the _____.

Here are several things to consider which could help you successfully win a fight with your companion the right way.

1. You must understand the difference between a _____ and a _____.

2. You must be _____ concerning the issue at hand.

3. You must never _____.

4. You must not _____ block communication.

Here are four communication stoppers.

a. _____ - Someone who yells during an argument.

b. _____ - Someone who cries during an argument.

c. _____ - Someone who pouts during an argument.

d. _____ - Someone who manipulates during an argument.

5. You must never _____.

6. You must always _____.

7. You should _____.

8. You must never _____.

9. You must agree on the _____ of the argument.

You should delay an argument:

a. When other _____ are around.

b. Before an important _____ .

c. If there is too much _____ .

10. You must never _____ .

11. You must clear the air as soon as _____ .

12. You must never _____ .

13. You must not _____ to conflict.

14. You must position things in life _____ .

When you handle yourself use your _____ .

When you handle others use your _____ .

15. You must never _____ .

16. You must not try to analyze your mate's _____ .

17. You must never _____ .

18. You must love your spouse more than your _____ .

19. You should follow the _____ principle.

20. You must show that you _____ the other person's position.

21. You must _____ a response.

22. You must be committed to _____ and mutual
_____ .

Honesty will allow the relationship to _____ .

Respect will allow the relationship to _____ .

23. You must check your own _____ .

24. You must provide an _____ for your spouse.

25. You must _____ when you are wrong.

26. You must _____ .

27. You must welcome each _____ and make it a
_____ process in your life.

CONCLUSION

Winning a fight against your companion can result in a failed relationship.

Winning a fight by overcoming a problem can result in a strengthened relationship.