

STUDENT HANDOUT — Seminar 2, Session 3

Building Blocks for a Strong Marriage

Scripture: Ephesians 5:21-33

I. The Scripture is clear on how we are to build our marriages.

A. Wives are to \_\_\_\_\_ and \_\_\_\_\_ their husbands.

B. Husbands are to provide \_\_\_\_\_ by \_\_\_\_\_ their wives.

C. Wives should \_\_\_\_\_ to their husbands like the church submits to Christ.

D. Husbands are to do \_\_\_\_\_ to love your wife and may your love be marked by giving and not getting.

With that in mind it is easier to understand this thought, “Even if marriages are made in heaven, we have to be responsible for the maintenance.”

There is a reason R.C. Adams said, “17% of marriages are truly happy.”

But when you have a good or happy marriage it will help everything else in your life.

II. Here are six building blocks for a strong foundation.

A. A \_\_\_\_\_ to my companion first.

B. A willingness to \_\_\_\_\_ to my companion.

1st Year \_\_\_\_\_ minutes a day

2nd Year \_\_\_\_\_ minutes a day

3rd Year \_\_\_\_\_ minutes a day

4th Year \_\_\_\_\_ minutes a day

10th Year \_\_\_\_\_ minutes a day

C. A working towards \_\_\_\_\_.

There are certain criteria you must have or work toward in order to accomplish this.

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

d. \_\_\_\_\_

e. \_\_\_\_\_

D. An understanding of your \_\_\_\_\_.

Four possible relationship styles:

a. \_\_\_\_\_ - Moving against each other.

b. \_\_\_\_\_ - Moving one over another.

c. \_\_\_\_\_ - Moving away from each other.

d. \_\_\_\_\_ - Moving with each other.

E. A special \_\_\_\_\_ for your companion.

How to properly spoil your companion:

a. Think from their \_\_\_\_\_.

b. Make a list of little things they \_\_\_\_\_.

c. \_\_\_\_\_ the little things they love.

d. \_\_\_\_\_ the little things they love \_\_\_\_\_.

e. \_\_\_\_\_ your spouse verbally, privately and publicly.

F. A willingness to work together \_\_\_\_\_.

1. Whenever there is conflict there can only be one of two outcomes.

a. We will either \_\_\_\_\_ and even \_\_\_\_\_ each other.

b. Or we will \_\_\_\_\_ up each other and \_\_\_\_\_ from the experience.

2. How should we solve problems in our marriage?

- a. Do not \_\_\_\_\_ your problem.
- b. Do not underestimate your \_\_\_\_\_ to recover from these problems.
- c. Do not \_\_\_\_\_ your problem.
- d. Consider all the \_\_\_\_\_ for your problem and \_\_\_\_\_ one.
- e. If your problems are not being \_\_\_\_\_ be willing to seek \_\_\_\_\_ if really needed.

## CONCLUSION

Let's pray a prayer of commitment to acknowledging and confirming and resolving the conflicts in our marriages. They will not resolve on their own.