

STUDENT HANDOUT — Seminar 1, Session 5

SCRIPTURE: I Cor. 7:1-7

V. A Sincere Physical and Emotional _____.

PART I

To truly understand the meaning of physical intimacy, we must understand it in the light of the Scriptural purposes of marriage.

SIX PURPOSES OF MARRIAGE (GOTHARD)

A. _____

1. Amos 3:3, "Can two walk together, except they be agreed?"
2. True companionship will only grow out of a oneness of spirit.
3. True companionship means you will work together within the home.

B. _____

1. Read Hebrews 13:4
2. Enjoyment is not something we have at the expense of our companion.
3. Enjoyment has within it the principle of self-control.
4. Selfishness must never be a part of your marital relationship.

C. _____

1. Read Genesis 2:23
2. God designed and gave Eve to Adam in order to complete what was lacking in his life.

D. _____

1. Look at God's first command in the Scriptures: Genesis 1:28, "Be fruitful (Hebrew 'parah', make increase after your kind) and multiply (Hebrew 'rabah', increase with exceeding abundance of children) and replenish the earth (Hebrew male, fill up the world to overflowing).

2. The command is repeated in Genesis 9:1 and clarified in I Peter 3:7, "...as being heirs together of the grace of life; that your prayers be not hindered."

E. _____

1. Read Ephesians 5:25

2. The husband is to protect his wife by laying down his life for her.

3. The wife is to protect the home. Read Titus 2:4,5

4. Together, parents are to protect their children in order that they may raise up a Godly seed. Read Malachi 2:15 and Psalm 112:1,2

F. To typify _____ and the _____.

1. Read Ephesians 5:31-33

2. Our relationship in marriage should be a human object lesson on the divine relationship between Christ and believers.

PART II

SCRIPTURE: I Cor. 7:1-7

A. What is physical intimacy?

1. First, what it is not.

a. Let me clarify that marriage is not _____ physical relations.

b. It is not just _____ satisfaction.

c. It is not just _____.

d. It is not _____ by the Devil.

e. It is not _____ or _____.

2. Now, let me give you just a small list of what it is.

a. It is a _____ part of marriage.

b. It is the _____ of each partner.

c. It is the _____ of each other to each other.

d.. It is _____ by God.

e. It is _____ and _____ and _____ by God.

3. What is true physical intimacy in marriage?

a. It is that private part of marriage that God designed for the intimate relationship of a married man and woman.

b. To understand this we must understand that God invented marriage.

c. Read Deuteronomy 24:5. The goal of the husband is to make his wife _____ in the first year of their marriage.

d. Maybe you are wondering if there is any hope for your marriage.

1) Marriage is a _____ warfare but you can experience daily victory when the right principles are applied.

2) There are two principles:

a) Eph. 5:25,28 - Husbands are to _____ their wives as Christ loved the church and as their own bodies.

b) I Peter 3:1 - Wives are to _____ and _____ their husbands.

3) These are two separate commands set forth in the context of spiritual warfare.

a) A man wants to be _____.

b) A woman wants to be _____.

e. Physical intimacy with women is far more _____ than it is with men.

1) It is three dimensional.

2) It has to do with things like the weather, beautiful flowers, the courtesy of opening the door, always being gentle, and activities which lead to other things.

f. Physical intimacy with a man is very _____.

1) Being so different the husband must study his wife to seek to understand her and her needs.

2) If the husband is committed to really knowing her then she will most likely be committed to respecting him.

g. Dr. Dobson gives 12 steps to intimacy.

1) When these are followed a glue-like bonding takes place between you and your companion.

2) Each step is a little more intense.

3) These steps are important throughout your marriage no matter how long you have been married.

4) TV does not portray these steps and so neither does our society as a whole.

5) These steps are:

1. Eye to body.
2. Eye to eye.
3. Voice to voice.
4. Hand to hand.
5. Hand to shoulder.
6. Hand to waist.
7. Face to face.
8. Hand to hair.
9. Hand to body.
10. Mouth to breast.
11. Touching below the waist.
12. Intercourse.

PART III

SCRIPTURE: I Corinthians 7:1-7

B. What can hinder physical intimacy within a marriage and how do you overcome them?

1. The lack of understanding of how each other thinks.

Example: _____

Solution: _____

2. Being flirtatious with the opposite sex. Both male and female.

Example: _____

Solution: _____

3. Being critical of your companion in public.

Example: _____

Solution: _____

4. Pornography and looking at wrong things.

Example: _____

Solution: _____

5. Throwing up the past.

Example: _____

Solution: _____

6. Failing to remember the Love Game.

Example: _____

Solution: _____

7. Having unreasonable expectations of each other.

Example: _____

Solution: _____

8. Failing to spend adequate time with each other.

Example: _____

Solution: _____

9. Failing to practice the golden rule for marriage: WHAT YOU WANT IN YOUR OWN SPOUSE BEGIN TO PRODUCE FIRST IN YOUR OWN LIFE.

Example: _____

Solution: _____

APPLICATION

Let's stand and take your companion's hand and I want to challenge you to pray a prayer of commitment to God and to each other to practice a healthy life of physical intimacy.

CONCLUSION

Physical intimacy is a major part in the relationship of a husband and wife. The significance of this role must be considered extremely important by both partners. If not, then the relationship will suffer and possibly end in shipwreck.